

CURRICULUM VITAE

- I.**
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|-----|-----------------------|--------------------------------------|
| (a) | <u>Name:</u> | Margaret Omowaleola <u>Akinwaare</u> |
| (b) | <u>Date of Birth:</u> | 30 April, 1975 |
| (c) | <u>Department:</u> | Nursing |
| (d) | <u>Faculty:</u> | Clinical Sciences |
- II.**
- | | | |
|-----|------------------------------------|------------------------------------|
| (a) | <u>First Academic Appointment:</u> | Lecturer II (20 October, 2015) |
| (b) | <u>Present Post:</u> | Senior Lecturer (01 October, 2022) |
| (c) | <u>Date of last promotion</u> | 01 October, 2022 |
| (d) | <u>Date Last Considered:</u> | Not Applicable |
- III.**
- University Education (with dates):
- | | | |
|-------|--------------------------------------|------|
| (i) | Obafemi Awolowo University, Ile-Ife. | 2005 |
| (ii) | University of Ibadan, Ibadan | 2014 |
| (iii) | University of Ibadan, Ibadan. | 2021 |
- IV.**
- Academic Qualification (with dates and granting bodies)
- | | | | |
|-------|-----------------|-------------------------------------|------|
| (i) | BNSc. | Obafemi Awolowo University, Ile-Ife | 2005 |
| (ii) | M.Sc. (Nursing) | University of Ibadan, Ibadan. | 2014 |
| (iii) | Ph.D. (Nursing) | University of Ibadan | 2021 |
- V**
- Professional Qualifications and Diplomas (with dates)
- | | | |
|-------|--|------|
| (i) | Registered Nurse (R.N.) | 1997 |
| (ii) | Registered Midwife (R.M.) | 2004 |
| (iii) | Registered Public Health Nurse (R.P.H.N) | 2005 |
- VI.**
- Scholarships, Fellowships, and Prizes (with dates) in respect of undergraduate and postgraduate work only
- | | |
|-------|--|
| (i) | Consortium for Advanced Research Training in Africa (CARTA) Fellowship award, March 2018. |
| (ii) | University of Ibadan Medical Education Partnership Initiative – Junior faculty (UI-MEPI-J) Mentored Research Award, January, 2022. |
| (iii) | Policy Communication Fellowship, February, 2022. |

- (iv) Association of Commonwealth Universities (ACU) conference grant, March, 2022.

VII. Honours, Distinctions and Membership of Learned Societies:

- i. International Union for the Scientific Study of population
- ii. Africa Interprofessional Education Network
- iii. Member of SIGMA Theta TAU International (STTI) Honor Society of Nursing.
- iv. Member of National Association of University Nursing Programs.

VIII. Details of Teaching/Work Experience:

Work Experience

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|--|----------------|
| ▪ Lecturer: Department of Nursing, University of Ibadan | 2015 till date |
| ▪ Clinical Instructor: Department of Nursing, University of Ibadan | 2012 - 2015 |
| ▪ Chief Nursing Officer: Primary Health Centre, Apomu. | 2010 – 2012 |
| ▪ Senior Nursing Officer: Primary Health Centre, Apomu. | 2007 – 2010 |
| ▪ Staff Nurse/Midwife I: Primary Health Centre, Ile-Ife | 2004 - 2007 |
| ▪ Staff Nurse/Midwife II: Primary Health Centre, Ile-Ife | 2003 & 2004 |

Teaching at Undergraduate Level

YEAR 2015 till date

Place Department of Nursing, University of Ibadan.

Students: BNSc. Nursing Students

Level/ Courses:

- | | | |
|-------------|-------------------------------------|-----------|
| ▪ 200 level | Ethical and legal issues in Nursing | (NSG 216) |
| • 200 level | Fundamentals of MCH Nursing | (NSG 223) |
| • 200 level | Child Health | (NSG 225) |
| • 300 level | Midwifery I | (NSG 313) |
| • 300 level | Midwifery II | (NSG 323) |
| • 400 level | Midwifery III | (NSG 414) |
| • 400 level | Midwifery IV | (NSG 424) |
| • 500 level | Midwifery V | (NSG 519) |
| • 500 level | Midwifery VI | (NSG 529) |
| • 500 level | Research Project (Supervision) | (NSG 513) |
| • 700 level | Advanced Maternity Nursing | (NSG751) |
| • 700 level | Issues in Reproductive Health | (NSG734) |
| • 700 level | Care of Adolescents and Children | (NSG754) |

- Research Supervision -No of completed undergraduate students' supervision = Ten (24)
- Research Supervision - No of ongoing undergraduate students' supervision = Thirteen (13)

Departmental Responsibilities:

- Treasurer, Departmental welfare Committee 2012 - 2020
- Member, Departmental 50th anniversary LOC 2015
- Member, Postgraduate research LOC 2015
- Member, Nursing research LOC 2017
- Class Coordinator 2016 – till date
- Examination officer 2020 – till date
- Member, Finance committee 2020 – till date
- Member, Building committee 2020 – till date
- Academic staff earn allowance departmental representative 2020 – till date

Community Services & Responsibilities in the University

- Sub-Dean (Nursing & Physiotherapy). 2022 - 2024
- Examination officer 2020 – till date
- Member, Department Finance Committee 2020 – till date
- Member, Department building committee 2020 – till date
- Senate member, University of Ibadan 2020 – till date
- Earn Allowance Academic (EAA) Department Representative 2020 – till date
- Department General account/ Grants Master Officer 2019 – till date
- Member, College of Medicine Medical Education unit 2015 – 2018
- Participation in the undergraduate & Postgraduate curricula review and update 2016 - till date
- Examiner: Nursing and Midwifery Council of Nigeria 2012 – till date
- Script Marker: Nursing and Midwifery Council of Nigeria 2014 – till date
- Member, conference committee of GNAN Oyo state chapter 2017
- Secretary: Mandatory Continuing Professional Development Programme (MCPDP), Oyo state Implementation Committee 2017 – till date
- Resource Person: Mandatory Continuing Professional Development Programme (MCPDP) 2014 – till date

IX Researches:

(a.) Completed:

- i. Perception of Nurses on factors contributing to puerperal sepsis among postnatal women in Ibadan.
- ii. Menstrual Hygiene Practices among Adolescents in Selected Secondary Schools around the University of Ibadan, Nigeria
- iii. Pregnancy outcomes among older women in Adeoyo maternity teaching hospital, Ibadan.
- iv. Knowledge and practice of breastfeeding duration among childbearing women attending infant welfare clinic in Akinyele local government of Oyo state.
- v. Perception and pattern of antenatal clinic attendance among pregnant women attending Adeoyo maternity teaching hospital, Ibadan.
- vi. Knowledge, attitude and perception of pregnant women about social support during pregnancy in selected antenatal clinics in Ibadan, Oyo State
- vii. Perceived barriers and reported practice of infection control among clinical students of College of Medicine, University of Ibadan.
- viii. The preventive measures and knowledge of anemia in pregnancy among pregnant women attending antenatal clinic at Adeoyo Maternity Teaching Hospital, Yemetu, Ibadan, Oyo state.
- ix. Knowledge and perceived factors influencing teenage pregnancy among adolescents in selected secondary schools in the University of Ibadan community
- x. Perception of risk and prevention of diabetes in pregnancy among pregnant women attending selected antenatal clinics in Ibadan north local government.
- xi. Fostering pregnant women's birth preparedness and Complication readiness through goal-oriented prenatal in selected semi-urban areas of Ibadan, Nigeria

▪ **In Progress:**

- (i) Birth preparedness plan among pregnant women living with HIV and are receiving antiretroviral therapy in Ibadan, Nigeria.

Data analysis is ongoing. Supported by University of Ibadan Medical Education Partnership Initiative – Junior Faculty (UI-MEPI-J). UI-MEPI-J is funded by National Institute of Health (NIH), USA.

Project, Dissertation and Thesis:

- **Akinwaare, M. O. (2005):** Attitude of pregnant women towards group health talk among pregnant women attending antenatal clinic in Ile-Ife, Osun state. BNSc. Obafemi Awolowo University, Ile-Ife.

- **Akinwaare, M. O. (2014):** Determinants of choice of place and skilled attendants at childbirth among childbearing women in Ibadan, Oyo state. M.Sc. University of Ibadan, Ibadan.
- **Akinwaare, M.O. (2021):** Fostering pregnant women’s birth preparedness and Complication readiness through goal-oriented prenatal in selected semi-urban areas of Ibadan, Nigeria. Ph.D., University of Ibadan.

X Publications

(a) **Books already published:** Nil

(b) **Chapters in Books already Published**

1. Ndikom, C.M and **Akinwaare, M.O. (2014).** Theories and Models Applicable in Maternal and child Health Nursing In Oluwatosin O.A, Adejumo P.O., Oyetunde M.O. (Eds): *Essential Concepts and Issues in Nursing*. Samdavies Publishers. 246 – 261. **ISBN: 978-978-485-228-9.** (Contribution: 40%)
2. **Akinwaare, M.O. (2015).** Family Planning Acceptance: Issues and Policies. In Oyetunde M.O, Agbemudia C., Ilesanmi R.E (Eds): *Emerging Issues in Nursing*. Ibadan: University Press PLC. 160 – 187. **ISBN: 978-978-940-103-1.** (Contribution: 100%)
3. **Akinwaare, M.O. (2015).** Prenatal Genetic Testing and Counselling. In Oyetunde M.O (Ed). *Nursing Practice: Trends and Issues*. Ibadan. University Press PLC. 347 – 364. **ISBN: 978-978-940-105-5.** (Contribution: 100%).

(c) **Articles that have already appeared in Refereed Conference Proceedings:** Nil

(d) **Patents and Copyrights:** Nil

(e) **Articles that have already appeared in learned journals:**

1. **Akinwaare MO,** Oluwatosin OA, Uthman O, and Ike E. (2023). Women’s Birth Preparedness and Complication Readiness in Nigeria: A Systematic Review and Meta-Analysis. *International Journal of Childbirth*. 2023. 13: 2. <http://dx.doi.org/10.1891/IJC-2022-0068>
2. **Akinwaare MO,** Okanlawon FA, Popoola MA, Adetunji OO. (2023). Birth Preparedness Plans and Status Disclosure Among Pregnant Women Living with HIV Who are Receiving Antiretroviral Therapy in Ibadan, Southwest, Nigeria. *Int J MCH AIDS*. 2023. 12(1):e613. <https://doi.org/10.21106/ijma.613>
3. Oladipo IA, and **Akinwaare MO.** (2023). Trends and patterns of maternal deaths from 2015 to 2019, associated factors and pregnancy outcomes in rural Lagos, Nigeria: a cross-sectional study. *Pan African Medical Journal*. 2023;44(185). 10.11604/pamj.2023.44.185.37567

4. **Akinwaare MO**, Oluwatosin OA. (2023). Effect of goal-oriented prenatal education on birth preparedness, complication readiness and institutional delivery among semi-urban pregnant women in Nigeria: A quasi-experimental study. *PLoS ONE* 18(7): e0289414. <https://doi.org/10.1371/journal.pone.0289414>.
5. Akintola TA, **Akinwaare MO**, Akingbade O. (2023). Perspectives on Male Involvement in Maternity Care among Male Postgraduate Students at the University of Ibadan, Nigeria. *Africa Journal of Nursing and Midwifery*. 15 pages. <https://doi.org/10.25159/2520-5293/13559>
6. Adeteye DE, Ndikom CM, **Akinwaare MO**, Dosumu TO. (2023). Factors influencing birth preparedness and complication readiness among post-natal women in selected primary health centers in Ibadan, Nigeria. *European Journal of Medical and Health Sciences*. (5) 4: 63-67. <http://dx.doi.org/10.24018/ejmed.2023.5.4.1823>
7. Agwuncha, C, **Akinwaare, M.O.** (2022). Accessibility and Utilization of Adolescent Sexual and Reproductive Health Services Among Undergraduate Students. *Gynecology & Reproductive Health*. Vol. 6 No. 2, pp. 1-6.
8. **Akinwaare, M.O.**, Oluwatosin, O.A, and Adekola, O.A. (2022). Women and men's perception of birth preparedness and complication readiness: a qualitative study in semiurban communities in Nigeria. *African Journal of Nursing and Midwifery*. Vol. 10 No. 3, pp1-8.
9. Tola YO, Akingbade O, **Akinwaare MO**, et al. Psychoeducation for psychological issues and birth preparedness in low- and middle-income countries: a systematic review. *Am J Obstet Gynecol Glob Rep* 2022;XX:x.ex-x.ex.
10. **Akinwaare, M.O.**, Oyebode, A.O., Brown, V.B., Ogunniran, A.A, and Adeleye, K.K. (2021). Content of Antenatal Education and Modalities of Delivery among Nurses in Oyo State, Nigeria. *European Journal of Medical and Health Sciences*. Vol. 3, No. 2 pp. 185-191.
11. Olajide, D.O., **Akinwaare, M.O**, and Ede N.A. (2021). Pregnancy Outcomes and Associated Factors among Older Women in Adeoyo Maternity Teaching Hospital, Ibadan, Nigeria. *International Journal of Caring Sciences*. Vol. 14, No. 1, pp. 735-744.
12. Akintola, T.A., **Akinwaare, M.O.**, and Ede N.A. (2021). Status of Hepatitis-B vaccination among clinical undergraduate students of the University of Ibadan, Nigeria. *European Modern Studies Journal* Vol.5.No.6:1-9pp.
13. Ogunnaike, S.M. and **Akinwaare, M.O.** (2020). Occupational hazard preventive measures among nurses in a Nigerian tertiary health institution. *Nursing & Care Open Access Journal*. Vol. 7(1):20-25.
14. **Akinwaare, M.O**, Ejimofor N.O. and Ojewale, L.Y. (2020). Perception of risk and prevention of gestational diabetes mellitus among pregnant women in Ibadan, Nigeria. *African Journal of Midwifery and Women's Health*. Vol. 14, Issue 1.

15. Ekpe, A.P., **Akinwaare, M.O.** and Ede, N.A. (2020). Perception and pattern of antenatal clinic attendance among pregnant women in a state government maternity teaching hospital, Nigeria. *International Journal of Nursing, Midwife and Health Related Cases*. Vol.6, No.1, pp.1-19.
16. **Akinwaare, M.O.**, Bello, K.O, and Ani, O. (2020). Perceived barriers, knowledge and reported practices of infection prevention and control among clinical nursing and medical students of a Nigerian University. *International Journal of Infection Control* Vol. 16, No. 4, pp. 1-9.
17. **Akinwaare, M.O.**, Ogbeye, G.B. and Ejimofor, N. (2019). Social support during pregnancy among pregnant women in Ibadan, Nigeria. *International Journal of Nursing, Midwife and Health Related Cases*. Vol.5, No.1, 14-26.
18. **Akinwaare, M.O.**, Ogueze, C.N. and Aluko, J.O. (2019). Preventive Measures of Anemia in Pregnancy Among Pregnant Women Attending Antenatal Clinic in Ibadan, Nigeria. *Nursing & Primary Care*. Vol. 3, No. 4, 1-5.
19. Aluko, J.O., Ajetunmobi, A.L. and **Akinwaare, M.O.** (2019). Assessment of maternity services available to clients in private health facilities in Sagamu Local Government, Ogun state. *African Journal of Medicine and Medical sciences*. Vol. 48, 175 – 182.
20. **Akinwaare, M.O and Oluwatosin, A.** (2019). Birth Preparedness and Complication Readiness among Pregnant Women Attending Antenatal Classes at Primary Health Center in Ibadan, Nigeria. *Open Journal of Obstetrics and Gynecology*, Vol. 9, 1358-1364.
21. Adeleye, K.K., **Akinwaare, M.O.** and Adejumo P.O. (2019). Reproductive Plans and Utilization of Contraceptives Among Women Living With HIV. *International Journal of Maternal and Child Health and AIDS*. Vol. 8, Issue 2, 120-130.
22. **Akinwaare, M.O.** and Oyedele D.O. (2018). Breastfeeding duration among childbearing women in Akinyele Local Government, Ibadan, Nigeria. *Journal of Medical and Biological Sciences*. Vol. 8, No 1, 1-15.
23. Ehigwere, A.E. and **Akinwaare, M.O.** (2018). Midwives' perception of factors contributing to puerperal sepsis among postnatal women in a state maternity teaching hospital, Nigeria. *West African Journal of Nursing*. Vol. 29, No 1, 89-99.
24. **Akinwaare, M.O.** (2017). Clinical Decision-Making in Patients-centred Nursing Care. *Journal of Medical and Applied Biosciences*. Vol. 9, No.1, 133–151.
25. **Akinwaare, M.O.**, Akindele, M.O. and Oluwatosin, O.A. (2016) Menstrual Hygiene Practices Among Adolescents in Selected Secondary Schools around the University of Ibadan, Nigeria. *Journal of Medicine and Bio-Medical Research*. Vol. 15 No 1, 92 – 101.
26. **Akinwaare, M.O.** (2015). Attitude of Pregnant women towards Group Health Education during Antenatal Care visit in a Nigerian City. *International Professional Nursing Journal*. Vol. 13, No.1, 64-67.

27. **Akinwaare, M.O.** and Adejumo, P.O. (2015). Determinant of Choice of Place of Birth and Skilled Birth Attendant among Childbearing Women in Ibadan, Nigeria. *African Journal of Midwifery and Women's Health*. Vol. 9, No 3, 121 – 124.
28. Akinsipe, A.B., Ogbeye, G.B., **Akinwaare, M.O.** and Oluwatosin, A. (2015). Cervical cancer screening: knowledge and utilization among female secondary school teachers in Ibadan. *African Journal of Nursing and Health issues*. Vol. 6, No. 1, 62 – 71.
29. **Akinwaare, M.O.** (2014). Availability of skilled birth attendance during home delivery among postpartum women in Ibadan, Nigeria. *African Journal of Nursing and Health issues*. Vol. 5, No. 2, 67 – 72.
30. **Akinwaare, M.O.** (2013). Strategies for Achieving Fourth and Fifth Millennium Development Goals in Nigeria: Nursing Perspectives. *International Journal of Nursing and Midwives*. ISSN 2141-2456. Vol. 5, No. 6, 106-112.
31. Akintan, I.S., **Akinwaare, M.O.** and Ndikom, C.M (2013). Perception and satisfaction with the use of birth plan among postpartum women in a Nigerian tertiary hospital, Ibadan. *African Journal of Nursing and Health issues*. Vol. 4, No.1, 9 – 16.

(f) **Books, Chapters in Books and Articles already accepted for publication:** Nil

(g) **Technical Reports and Monographs:** Nil

XI. Major Conferences Attended with Papers read (in the last five years):

- The Wits School of Public Health Research Day and CARTA conference 2023. Theme: “Building Bridges: Strengthening Research Capacity for Sustainable Development in Africa”. School of Public Health, University of Witwatersrand, Johannesburg, South Africa. Paper read: “Trends and patterns of maternal deaths, associated factors and pregnant outcomes in rural Lagos, Nigeria”.
- Sigma's 33rd International Nursing Research Congress. Theme: “Transforming Global Nursing Knowledge Through Research, Scholarship, and Innovation”. International Conference Centre, Edinburg, Scotland. 21st – 25th July, 2022. Paper read: “Effects of goal-oriented prenatal education on pregnant women's birth preparedness and complication readiness in Ibadan, Nigeria”.
- University of Ibadan MEPI Junior Faculty Research Training Program. Theme: “Research methods and best practices, and grant proposal writing”. The Robert J. Havey, MD Institute for Global Health, Northwestern University, Chicago, United States of America. 20th June – 2nd July, 2022.

- The National Research Fund Covid-19 and Sexual and Reproductive Health Research Network. Theme: “Population and Reproductive Health Dynamics under Covid-19 in Sub-Saharan Africa”. Hosted by University of the Witwatersrand, Johannesburg, South Africa. Virtual. 14th – 16th March, 2022. Paper read: “Reported effects of Coronavirus Disease Pandemic on Provision of Skilled Antenatal and Delivery Care among Nurses and Midwives in Ibadan, Nigeria”.
- 8th Annual Joint Advanced Seminars Conference. Theme: “Providing a foundation for building networks of researchers, peers, and mentors”. Virtual. 23rd & 24th September 2021. Paper read: “Fostering pregnant women’s birth preparedness and complication readiness through goal-oriented prenatal education in semi-urban areas of Ibadan, Nigeria”.
- Nursing Healthcare Conference. Theme: “Nursing and Healthcare”. Virtual. 24th September, 2020. Paper read: “Content of antenatal education and modalities of delivery among nurses in Oyo state, Nigeria”.
- Nigeria Implementation Science Alliance 6th Annual Virtual Conference. Theme: “Achieving Impact through Implementation Research. NAF Hotel and Suites, Abuja, Nigeria. Virtual. 15th & 16th September, 2020.
- Nigeria Implementation Science Alliance 5th Annual Conference. Theme: “Achieving Impact through Implementation Research. Sheraton Hotel and Suites, Abuja, Nigeria. 17th & 18th September, 2019.
- African Forum for Research and Education in Health (AFREHealth) 3rd Annual Symposium. With the theme; “Strengthening health research, education and service delivery for achieving the Sustainable Development Goals (SDGs) in Africa”. Lagos Continental Hotel, Victoria Island, Lagos, Nigeria. 5th – 9th August 2019.
- Joint Advanced Seminar II organized by Consortium for Advanced Research Training in Africa (CARTA) for cohort eight fellows. At School of Public Health, University of Witwatersrand, Johannesburg, South Africa. 5th -28th November 2018.
- Joint Advanced Seminar I organized by Consortium for Advanced Research Training in Africa (CARTA) for cohort eight fellows. At School of Public Health, Makerere University, Uganda. 5th – 28th March, 2018.
- Research Electronic Data Capturing workshop for West Africa CARTA cohort seven and eight fellows. At University of Ibadan, Nigeria. 8th – 12th October, 2018.

Dr. Margaret O. Akinwaare