

Curriculum Vitae

Oluyomi Babafemi Esan

I PERSONAL INFORMATION

Name: Oluyomi Babafemi **ESAN**
Department: Psychiatry
Faculty: Clinical Sciences
Gender: Male
Address: Department of Psychiatry, University College Hospital Ibadan, Nigeria
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II UNIVERSITY EDUCATION

College of Medicine, University of Ibadan, Nigeria

III SECONDARY SCHOOL EDUCATION

Air Force Military School Jos, Nigeria:

IV ACADEMIC QUALIFICATIONS

- Masters in Epidemiology (MSc Epidemiology)
- Bachelor of Medicine and Bachelor of Surgery (M.B.B.S), Nigeria.
- Certificate in Health Economics (2013) World Bank Institute.
- West Africa School Certificate Examination WASCE
- General Certificate of Examination GCE .

V PROFESSIONAL QUALIFICATIONS

- Fellow West Africa College of Physicians
- Associate Fellow, Faculty of Psychiatry, Nigerian Postgraduate Medical College

VI CURRENT APPOINTMENT

- **Head**, Neuropsychiatry Unit, Department of Psychiatry, University College Hospital, Ibadan, Nigeria
- **Associate Professor**, Department of Psychiatry, College of Medicine, University of Ibadan, Ibadan, Nigeria.
- **Research Psychiatrist**, Clinical Outcome Research in Schizophrenia. Department of Psychiatry, College of Medicine, University of Ibadan, Nigeria.
- **Consultant Psychiatrist** Department of Psychiatry, University College Hospital Ibadan, Nigeria.
- **Nigeria's Representative** at the World Psychiatry Association, Early Career Psychiatrist Council.
- **Postgraduate Coordinator (MSc Psychiatry Program)**, Department of Psychiatry University of Ibadan
- **Lecturer and Examiner** Faculty of Psychiatry, West Africa College of Physicians.

- **Data Coordinator** : Reporting to the NIMH Data and Safety Monitoring Board (DSMB) Partnership for Mental Health Development in Sub-Saharan Africa (PaM-D), Collaborative Shared care to Improve Psychosis Outcome(COSIMPO) project. Grant Number: 1U19MH098718-01
- **Head, Data Coordinating Center (DCC)** Collaborative Shared care to Improve Psychosis Outcome(COSIMPO) project
- **Examiner** West Africa College of Physicians 2012 till date
- **Coordinator Picture Test** West Africa College of Physicians 2012 till date

VII PREVIOUS APPOINTMENTS

- **Committee Chair Neurology** Syllabus Review Committee West Africa College of Physicians 2014-2017
- **Convener and Member** Consultation-Liason Syllabus review committee West Africa College of Physicians 2014-2017
- **Visiting Psychiatrist**, Institute of Psychiatry, at the Maudsley, King's College London 2011- 2013.
- **Visiting Academics**, Department of Psychiatry, Stellenbosch University, South Africa London 2008- 2008.
- **Hospital Consultant**, Department of Psychiatry, University College Hospital, July 2009- July 2010
- **Member** of the World Psychiatry Association Early Career Psychiatrists Council 2009-2012
- **Representative of Africa and Middle East** The WPA Early Career Psychiatrists Council 2009-2012
- **Participant** round table meeting to address the topic: Mental Health Challenges in Sub-Saharan Africa: Moving to Implementation.
- **Visiting Academics**, Department of Psychiatry Stellenbosch University, South Africa September 2008.
- **Senior Registrar**, Department of Psychiatry, University College Hospital, Ibadan, Nigeria - May 2004 - July 2007
- **Chairman, Residency Training Committee**, Association of Resident Doctors, University College Hospital Ibadan Nigeria. (2006)
- **Registrar, Department of Psychiatry**, University College Hospital, Ibadan, Nigeria. - December 2000 to April 2003.

VIII HONOURS, DISTINCTIONS AND MEMBERSHIP OF LEARNED SOCIETIES

- 2013 Eli Lilly Poster Award Winner 7th Brixia International Conference, Italy.
- 2012 Best Researcher of the Year, Medical and Dental Consultants' Association Of Nigeria (MDCAN) Research Forum, University College Hospital, Ibadan, Nigeria.

- 2006 Award for the Best Oral Presentation, 37th Annual Scientific and General Meeting of the Association of Psychiatrists in Nigeria in collaboration with the World Psychiatric Association Ibadan, Nigeria.
- 2006 Prize (10,000 Naira) for the Best Oral Presentation, 37th Annual Scientific and General Meeting of the Association of Psychiatrists in Nigeria in collaboration with the World Psychiatric Association Ibadan.
- Travel Fellowship Award to attend the Biological Psychiatry Congress. Trends & Treatments: The Changing Landscape 24 - 27 September 2015 Somerset West, Western Cape, South Africa.
- Travel Fellowship Award to attend the Partnerships in International Medical Education (PRIME) Annual Conference 18th - 21st March, 2015 Lichfield, , United Kingdom.
- Travel Fellowship Award to attend the 5th International Conference on Schizophrenia, Chennai, India.2012.
- 2013 Brixia International Fellowship to attend the 7th Brixia International Conference, Italy.
- Travel Fellowship Award to attend the 2011 World Psychiatry Association Fellowship to attend the 15th World Congress of Psychiatry, Buenos Aires, Argentina.
- Travel Fellowship Award to attend the African Association of Psychiatrists and Allied professions (AAPAP) meeting, University of Ghana, Accra, 15th - 17th October, 2015
- Travel Fellowship Award to attend the World Psychiatric Association Regional Meeting, Kampala, Uganda 6th-8th February 2014.
- Travel Fellowship Award to attend the Africa Association of Psychiatrist and Allied professionals (AAPAP) Meeting, Accra, Ghana 2008.
- **Member, Nigerian Medical Association (NMA)** (1998 till date).
- **Member, Medical and Dental Consultants Association of Nigeria (MDCAN)**
- Member, Academic Staff Union of Universities (ASUU)
- **Member, Association of Psychiatrist in Nigeria** (2001 till date).

VII Honours, Distinctions and Membership of Learned Societies:

- Member, British Neuropsychiatric Association (BNPA) 2019- till date.
- Member, Medical and Dental Consultants Association of Nigeria (MDCAN)
- Member, Academic Staff Union of Universities (ASUU)
- Examiner, West African College of Physicians (WACP)
- Certified Tutor, Partnerships for International Medical Education (PRIME)
- Member, West African College of Physicians (WACP)
- Member, Nigerian Medical Association (NMA)
- Member, Association of Psychiatrist in Nigeria (APN)

IX VIII Details of Teaching/Work Experience

(a) **UNDERGRADUATE**

- a) Neuropsychiatry and General Psychiatry lectures to 400 Level, 500 Level & 600 Level Medical students.
- b) Psychology lectures 300-level Medical students
- c) Examiner, final MBBS examinations in Department of Psychiatry
- d) Examiner, final MBBS examinations in Department of Medicine.
- e) Chair, Departmental MBBS Accreditation Committee
- f) Member, Administrative Issues Committee, Department of Psychiatry
- g) Member, Clinic and Clinic Revolving Fund (Medical Out-patient, UCH, Ibadan)

(b) **POSTGRADUATE (ACADEMIC)**

- a) Chair, Departmental Postgraduate Training Committee
- b) Postgraduate Coordinator – MSc Psychiatry
- c) Course Coordinator: Neuropsychiatry [PSC 703] 2011 to Date Content: Behavioural and mental disorders of organic brain pathology: trauma, epilepsy, stroke, Parkinson's disease, SLE, migraine, CNS infections
- d) Course Coordinator: Seminars [PSC 710] 2011 to Date
- e) Departmental Representative, Postgraduate Executive Committee, Faculty of Clinical Science, College of Medicine 2010 to date
- f) Associate Lecturer, Center for Child and Adolescent Mental Health (CCAMH)

(c) **POSTGRADUATE (PROFESSIONAL)**

- i. Resource person at Primary, part I and part II Updates of the West African Postgraduate Medical Colleges.
- ii. Examiner at Primary, Part I and Part II, West African College of Physicians (WACP) Examinations
- iii. Member, Departmental Accreditation Committee for Accreditation of the Training Programme in Psychiatry West African College of Psychiatry (WACP)
- iv. Resource person / Certified tutor Partnership For International Medical Education (PRIME)
- v. Member, Hospital Blood Transfusion Committee, University College Hospital, Ibadan

(d) **SUPERVISION OF POSTGRADUATE RESEARCH AND TRAINING**

Academic Postgraduate Training supervision

- i. Stigmatisation of Mentally Ill People Among Primary Health Care Providers in Ibarapa Areas Of Oyo State, Nigeria. Research Dissertation submitted to the Department of Psychiatry, University of Ibadan for the award of Masters of Science in Psychiatry (MSc Psychiatry) **Amoo Gafar** (Matric No: 176679), **2015**.
- ii. Parenting styles and psychiatry morbidity among in-school adolescents in Ibadan-North Local government Oyo state. Research Dissertation submitted to the Department of Psychiatry, University of Ibadan for the award of Masters of

Public Health, University of Ibadan. **Ibukunoluwa Hannah FAKUNLE** (Matric No: 178533), 2021.

- iii. Prevalence of Social Phobia in Children and Adolescents with Epilepsy in ARO. Research Dissertation submitted to the Department of Psychiatry, University of Ibadan for the award of Masters of Science in Child and Adolescent Mental Health (CAMH) **Adetoun Soyemi** (Matric No :176758) **2015**.

Professional Postgraduate Training supervision

- I. A comparative study of cognitive function and its correlates in patients with schizophrenia, their first degree relatives and healthy controls. Dissertation submitted in fulfilment for the award of the Fellowship of the West African College of Physicians in Psychiatry. Dr. Orjinta Nancy Kenechi April **2020**

(e) Other duties

- i. Coordinator, Neuropsychiatry unit, Department of Psychiatry, UCH, Ibadan.

(f) COMMUNITY SERVICE

- **Invited speaker** The Royal College of Psychiatrists Faculty of Neuropsychiatry Annual Conference 15-16 September 2016 London , England: Paper presented Neuropsychiatry in Anglophone countries of West Africa.
- **Faculty**, The Mental Health Leadership and Advocacy Program (mhLAP):2010 till date. I give lectures on Mental Health Economics and Mental health care financing lectures to Mental health workers from Anglophone West African countries of The Gambia, Ghana, Liberia, Nigeria and Sierra Leone.
- **Chairman** , Scientific Committee Medical and Dental Consultants' Association Of Nigeria (MDCAN) . Biennial Delegates Meeting 2012.
- **Organizing Workshops , Guest lectures, Symposia** for Christian medical and Dental Association of Nigeria 2010-till date.
- **Faculty and Prime Tutor**, Partnerships in International Medical Education. 2014 till date : I Train and give lectures on Whole Person Medicine, to Medical students, doctors , specialists , residents , nurses and other health professionals.
- **Invited Speaker:** The Redeemed Christian Church of God Oyo Province 4 Sisters, 7th Annual conference 14-16th June 2018 Topic: How to recognize that someone is on psychotropic drugs.
- **Invited Speaker** American Christian Academy, Ibadan(+2348096344878) : Effects of Psychotropic Drugs on The Human Body Especially on Young people 19th June 2018
- **Invited Speaker Invited Speaker** : The Redeemed Christian Church of God Oyo Province Higher Ground Zone 19, Headquarters Oyo province 8. 14th May, 2018. Topic: Drugs: Abuse and the deadly consequences on the concerned and the society at large.
- **Invited Speaker** : The Redeemed Christian Church of God Oyo Province 4 Sisters, 7th Annual conference 15-17th June 2017 Topic: Health Talk. Your Mental Health
- **Guest Author: Esan O** Depression in Teens 2017 Vol 1 Trail Blazer Magazine (A publication of the Oritamefa Baptist Teens Church)
- **Invited Speaker** : The Redeemed Christian Church of God Oyo Province, House Fellowship Conference 2017. 22nd -23rd July 2017 Topic: Staying mentally Healthy.
- **Medical outreach** to Agodi, prison Ibadan(2021), Abolongo prison Oyo (2018,2023)

- **Representative of Faculty of Clinical Sciences on Senate, College Boards and committee** 01 August, 2020 to 31 July 2022.
- **Representative on College Junior Staff Appointments and Promotions committee** 01 August, 2020 to 31 July 2022.
- **Representative of Faculty of Clinical Sciences on Appointments , Promotions and Disciplinary Committee for Junior staff** 01 August, 2020 to 31 July 2022.
- **Representative of Faculty of Clinical Sciences on Appointments , Promotions and Disciplinary Committee for Junior staff** 01 August, 2022 to 31 July 2024.
- **Congregation Representative on Senate ,University of Ibadan 01/08/2022 to 31/07/2024**

Resource person: Teaching mental health to the Public through Print and electronic media namely

1. Nigerian Television Authority (NTA)
2. Broad Casting Corporation of Oyo State (BCOS)
3. Federal Radio Corporation of Nigeria (Radio Nigeria, Ibadan)

IX Research

a) Completed

- Clinical Outcome Research in schizophrenia (Co Investigator).
- Psychiatric morbidity among in-mates in Agodi prison Ibadan(Co Investigator)..
- First Episode Psychosis in Nigeria.
- A Comparison of the Profile of patients with Brief Psychotic Disorder and First Episode Schizophrenia in Nigeria (Principal Investigator).
- Price Elasticity of demand for psychiatric consultation(Principal Investigator).

b) In Progress

- **India-Nigeria-Trinidad: Researching Psychosis in Diverse settings:** The majority of research on schizophrenia and other psychoses has been conducted in North America, Australasia and Europe. Research conducted in other settings has tended to be methodologically limited and heterogeneous, making cross-country comparisons difficult. This project is a three-country programme of research designed to develop robust, comparable methods for the study of schizophrenia and other psychoses in diverse settings(Phase 1) and to subsequently implement these in a three-country (India , Nigeria and Trinidad)study of the epidemiology, phenomenology, aetiology and outcome of psychoses (Phase 2). The project started in 2011 and the phase 1 of the project has been completed.
- **Bipolar- Schizophrenia Study (BAS)** (Principal Investigator). This is a Cross sectional comparative study of patients with Bipolar I Disorder with patients schizophrenia.
- **MULLBERRY Study** (Principal Investigator). This study examines cognitive functions in patients with severe mental illnesses in comparison with healthy controls
- **Collaborative Shared care to Improve Psychosis Outcome (COSIMPO)**

The overall aim of the Collaborative Shared Care to Improve Psychosis Outcome (COSIMPO) is to test the effectiveness of a collaborative shared care program between complementary alternative providers (CAPs) and primary health care providers (PHCPs) in improving the outcome of psychosis.

- **Staging of Schizophrenia with the use of PANSS: An international multi-center study** (Co-Principal Investigator).

- c) **Dissertation and Thesis**
 - Comparison of the Profile of Patients with Acute and Transient Psychotic Disorder and Schizophrenia Seen At the University College Hospital, Ibadan, Nigeria (2006-2010).

 - Panic Disorder Among Patients Referred For Electrocardiogram (ECG) In The University College Hospital Ibadan (2006-2007).

XII CURRENT STUDIES

- Antecedents, concurrent and predictive factors in the long-term outcome of Acute and Transient Psychotic Disorder (ATPD).
- Bipolar-Schizophrenia study (BAS- study)
- EMERALD – Emerging mental health systems in low- and middle-income countries
- Clinical Outcome Research in schizophrenia.
- Partnership for Mental Health Development in Sub-Saharan Africa — PaM-D Leader of the PaM-D Data Coordinating Center at the Department of Psychiatry, University of Ibadan
- The incidence course and outcome of schizophrenia in socially and culturally diverse settings (INTREPID Project).
- Mental health and well being of patients with traumatic brain injury (TBI)
- First episode psychosis in Nigeria.

XIII SELECTED MAJOR TRAINING/COURSES

- **Training in Qualitative Research** - Stellenbosch University South Africa July 3-9 2016
- **Training on systematic reviews**- Cochrane Centre, Cape Town South Africa June 15- July 1, 2016
- **Neuropsychiatry posting/training**: Kings College London/ Maudsley Hospital June 2010
- **Training on psychosocial measures** (SCID training on Structured Clinical Interview for DSM (SCID), Positive and Negative syndrome scale (PANSS) training etc.), Neurological Evaluation Scale (NES)- 2008
- **Postgraduate medical training/Residency training in psychiatry** 2000-2007.

XIV SELECTED CONFERENCES /MEETINGS/ WITH PAPERS PERSONALLY PRESENTED (ORAL PRESENTATIONS ONLY)

- **ICD-11 Diagnostic Guidelines for Mental, Behavioural or Neurodevelopmental Disorders:** An Online Comprehensive Course. November 8-29 2021.
- **11th Annual General Meeting and Scientific Conference. Scientific conference of the Nigerian Academy of Neurological Surgeons (NANS)** 18 -19th November 2021, Abuja Nigeria.
Paper presented: Neuropsychiatric sequelae of Traumatic Brain Injury: The Nigerian perspective
- **28th European Congress of Psychiatry**, organised by the European Psychiatric Association, 28-31 March 2020 Madrid, Spain.
Paper presented: Clinical, Demographic Characteristics and Outcome of Acute and Transient Psychotic Disorder in Ibadan, Nigeria.
- **The World Psychiatric Association 19th Congress**, 21st-24th August 2019. Lisbon, Portugal.
Paper presented: Neurocognitive Impairment (NCI) In Euthymic Bipolar Patients: Comparison to Schizophrenia and Healthy Controls
- **International Congress in Spirituality and Psychiatry:** 4th Global Meeting in Spirituality and Mental Health, Organized by the WPA Section on Religion, Spirituality and Psychiatry. 1st to 4th December 2019. Jerusalem, Israel.
Paper presented: Spirituality, suicidality and cognitive function in patients with schizophrenia: A cross sectional study from Nigeria.
- **The World Psychiatric Association's Congress, Psychiatry:** Standing Firm for Mental Health 27-30 September 2018. Mexico City, Mexico
Papers presented: (1) Persistent Insomnia and Incident Functional Disability in the Ibadan Study Of Ageing
(2) A Survey of Traditional and Faith Healers Providing Mental Health Care in Three Sub-Saharan African Countries
- **Partnerships for Mental Health Development in Sub-Saharan Africa (PaM D) Oversight Committee meeting** 11th- 12th June 2018 Nairobi, Kenya.
Paper presented: COSIMPO- The Randomized Controlled Trial (METHODS)
- **Association of Psychiatrist in Nigeria (APN) 33rd Annual General and Scientific meeting. 20th -24th 2017 Jos, Nigeria 2017.**
Paper presented: The Self-perceived health-care needs of patients with bipolar disorder in Nigeria.
- **African Diaspora Global Mental Health Conference: 17th-18th November 2016, Cape Town, South Africa**

- **World Psychiatry Association (WPA) International Congress** 18th-22nd, November 2016, Cape Town, South Africa.
Paper presented: Bipolar I Disorder in Remission Vs. Schizophrenia in Remission: Is there a Difference In Burden?
- **Partnerships for Mental Health Development in Sub-Saharan Africa (PaM D)** Executive/Steering meeting. 26th-27th August 2016, Nairobi, Kenya.
Paper presented: Review of complete activities on Randomized Control Trail of the PAM-D Project
- **Inter-Hub Annual meeting Latin America Treatment & Innovation Network in Mental Health (LATIN-MH)** September 26-September 28, 2016 São Paulo, Brazil.
Paper presented: System and procedure for capturing and managing data Collaborative Hubs for International Research on Mental Health: 5th Annual Grantee Workshop.
- **Royal College of Psychiatrists, Faculty of Neuropsychiatry** Annual Conference 2016 Thursday 15- Friday 16 September 2016, RCPsych London.
Paper presented: Neuropsychiatry in Anglophone countries of West Africa.
- World Psychiatry Association (WPA) International Congress Cape Town 2016, 18-22 Nov
Paper Presented: Bipolar I Disorder in Remission Vs. Schizophrenia in Remission: Is there really a difference in Burden?
- African Association of Psychiatrists and Allied professions (AAPAP) meeting, University of Ghana, Accra, 15th - 17th October 2015.
Paper presented: Physical activity and neurological soft signs in patients with schizophrenia.
- Biological Psychiatry Congress. Trends & Treatments: The Changing Landscape 24 - 27 September 2015 Somerset West, Western Cape, South Africa.
Paper Presented: Physical activity and neurological soft signs in patients with schizophrenia.
- Partnerships in International Medical Education (PRIME) Annual Conference 18th - 21st March 2015 Lichfield, United Kingdom.
- Emerald: Training of the trainers on Empowering Service Users and Caregivers for Mental Health System Strengthening 13th and 14th November 2014.
- The World Psychiatric Association Regional Meeting, Kampala, Uganda 6th-8th February 2014
Paper Presented: Partnership for Mental Health Development in Sub-Saharan Africa (PaM-D) – Mapping of complementary alternative mental health service providers (CAPS) in Nigeria

- The 7th Brixia International Conference, Brescia, Italy 2013.
- **Paper Presented**: One-year persistence in treatment of patients with first episode schizophrenia in an African country
- The 5th International Conference on Schizophrenia, Chennai, India .2012
Paper presented: Comparison of health care systems in diverse settings (mapping exercise)
- The Conference Deutsche Gesellschaft für Psychiatrie und Psychotherapie, Psychosomatik und Nervenheilkunde (DGPPN) Congress 2012 Berlin, Germany 21-24 November 2012.
Paper Presented: Psychiatry in countries of West Africa
- The 15th World Congress of Psychiatry Buenos Aires, Argentina, September 18-22, 2011).
- 1st Nigeria-Florida Neuroscience Partnership Conference, Idi Araba Lagos November 2-5, 2010
- 3rd national conference of the Forum on Oral aspects of HIV/AIDS and infectious disease. Halitosis and update March 10-11, 2009.
Paper Presented: Psychiatric aspects of halitosis
- Results from Nigerian national survey of mental health and wellbeing (NSMHW). Presented at the Association of Psychiatrist in Nigeria (APN) 39th Annual General and Scientific meeting 2008.
Paper presented: Mental Disorders and earnings
- Africa Association of Psychiatrist and Allied professionals Meeting, Accra, Ghana 2008.
Paper presented: Determinants of transition across alcohol use disorder spectrum.
- Association of Psychiatrist in Nigeria (APN) 38th Annual General and Scientific meeting 2007, Ibadan, Nigeria.
Paper presented: Panic Disorder among patients referred for electrocardiogram at the University College Hospital Ibadan Nigeria.
- World Psychiatric Association Regional Meeting, Nairobi. March 2007.
Paper presented: Community screening for depression in the elderly.
- Association of Psychiatrist in Nigeria (APN) 37th Annual General and Scientific meeting Ibadan. October 2006.
Paper Presented: Evaluation of residency training and psychological distress among resident doctors in UCH, Ibadan.
- Association of Psychiatrist in Nigeria (APN) 33rd Annual General and Scientific meeting, Yaba, 2002.
Paper presented: Referral to Geriatric Psychiatry

- Association of Psychiatrist in Nigeria (APN) Annual General and Scientific meeting Abeokuta 2001.
Paper presented: Patterns of in-patient psychiatric referrals in a university teaching hospital.

XV SELECTED INVITED LECTURES/CHAIR

1. **Guest speaker, Royal College of Psychiatrists, Faculty of Neuropsychiatry** Annual Conference 2016 Thursday 15- Friday 16 September 2016, RCPsych London. Title of paper Neuropsychiatry in Anglophone countries of West Africa.
2. **Invited speaker, The Conference Deutsche Gesellschaft für Psychiatrie und Psychotherapie, Psychosomatik und Nervenheilkunde (DGPPN) Congress 2012** Berlin, Germany 21-24 November 2012. **Paper Presented:** Psychiatry in countries of West Africa
3. **Invited speaker, Declaration on mental health in Africa: moving to implementation** 24-25 February, 2014
4. Chairman of scientific session at the 3rd national conference of the Forum on Oral aspects of HIV/AIDS and infectious disease. Halitosis an update March 10-11, 2009
5. Chairman Scientific Committee 2nd Biennial Delegate Meeting of the Medical and Dental Association of Nigeria August 27th to September 2, 2013.

XVI COMMUNITY SERVICE

A GLOBAL-

- Nigeria's representative at the World Psychiatry Association Early Career Council (2007-2013)
- Member Amnesty International (2014 till date).

B IBADAN – I have given Mental Health talks on Radio, Television stations as well as many religious bodies. Namely:

- A. Broadcasting Corporation of Oyo State Television and Radio (BCOS)-Program ran for weeks.
- B. Nigerian Television Authority (NTA, Ibadan)- Program ran for several weeks.
- C. Radio Nigeria –FRCN, Ibadan.
- D. The Redeemed Christian Church of God
- E. Medical outreaches- I treat both medical and psychiatric conditions in medical outreaches to village in and around Ibadan
- F. Vice Chairman, Christian Medical and Dental Association (2014 till date)- We are involved in dissemination cutting edge advances in medicine.
- G. Voluntary Blood donor, University College Hospital, Ibadan, Nigeria

C Nigerian Prison service –Oyo Town, Oyo state (Oyo Prison)- I consult free of charge through the Christian Medical and Dental Association at the Nigerian Prison service –Oyo Town, Oyo state

D Medical and Dental Consultants Association of Nigeria (MDCAN).

- Chairman Scientific Committee, Medical and Dental Consultants Association of Nigeria (MDCAN) Biennial Delegates Meeting held in Ibadan, 2013.
- Member Welfare Committee MDCAN, UCH, 2012- 2016

XVII RESEARCH INTEREST

1. Schizophrenia
2. First Episode Psychoses
3. Bipolar disorders
4. Mood disorders
5. Neuropsychiatry

XVIII SELECTED CERTIFICATE COURSES, MAJOR WORKSHOPS AND SEMINARS:

- ❖ Certificate course in Health Economics, World Bank Institute October 2013
- ❖ Training course on Clinical Trials- Scientific Basis and Good Clinical Practice. Health sciences faculty, University of Cape Town (UCT) South Africa 2008.

- ❖ Training on the use of Structured Clinical Interview for DSM IV (SCID-IV) Disorders (SCID), Positive and Negative Syndrome Scale (PANSS), Neurological Evaluation Scale (NES) Extra pyramidal Symptom Rating Scale (ESRS) at University of Stellenbosch Cape Town South Africa.2008
- ❖ Course on leadership and professional Development of Young Psychiatrist from African countries. Nairobi, Kenya (March 2007).

- ❖ Methodology of Basic and Applied Research, University of Ibadan, Nigeria (2006).
- ❖ Training workshop on the use of Structured Clinical Interview for DSM IV (SCID-IV) disorders (SCID) (October 2002) Ibadan, Nigeria.

XIX RESEARCH/TRAINING GRANTS:

- ❖ TETFUND Grant 1.9 Million Naira(10,000 USD) research grant support for the study of “The Multifaceted dimensions of burden in Bipolar disorder 2017.
- ❖ 5000 USD Training Fellowship from the Partnerships for Mental Health Development in Sub-Saharan Africa PAM-D/National Institute of Mental Health (NIMH).

XX X PUBLICATIONS

- a) Books already published
Nil

- b) Chapters in books already published
Nil
- c) Articles that have already appeared in refereed conference proceedings
1
- 1) **Esan O**, Osunbote C, Oladele S, Fakunle S Ehindero C (2015) Physical activity and neurological soft signs in patients with schizophrenia. Proceedings of the Biological Psychiatry Congress 2015 South African Journal of Psychiatry. Vol 21 No 3, 108-131 (Percentage contribution: 50%) South Africa.
- d) Patents
Nil
- e) Articles that have appeared in learned journals
Nil
- 2) Omigbodun O and **Esan O**. (2003) Reasons for consultation in the psychiatric out-patient clinic of a University Teaching Hospital in Nigeria: is this optimal use of psychiatrists' time and expertise? Psychiatric Bulletin Vol. 27. 421-423.
 - 3) Omigbodun O, Dogra N, **Esan O** and Adedokun B. (2008) Prevalence and correlates of suicidal behavior among adolescents in South West Nigeria. International Journal of Social Psychiatry. Vol. 54 No.1, 34-46.
 - 4) Gureje O, Uwakwe R, Oladeji B, Makanjuola VO, **Esan O**. (2010) Depression in adult Nigerians: results from the Nigerian Survey of Mental Health and Well-being. Journal of Affective Disorder. Vol. 120 No 1-3, 158-64.
 - 5) **Omigbodun OO**, **Adediran KI**, **Akinvemi JO**, **Omigbodun AO**, **Adedokun BO**, **Esan O**. (2010) Gender and rural-urban differences in the nutritional status of in-school adolescents in south-western Nigeria. Journal of Biosocial Science Vol.42 No.5, 653-76
 - 6) Oladeji BD, Makanjuola VA, **Esan OB**, Gureje O. (2011) Chronic pain conditions and depression in the Ibadan Study of Ageing International Psychogeriatrics Vol.18, 1-7
 - 7) Gureje O, Oladeji BD, Abiona T, Makanjuola V, **Esan O**. (2011) The natural history of insomnia in the Ibadan study of ageing. Sleep. Vol.34 No.7, 965-73
 - 8) **Esan O**, Kola L, Gureje O (2012) Mental Disorders and Earnings: Results from the Nigerian National Survey of Mental Health and Well-being (NSMHW). The Journal of Mental Health Policy and Economics Vol.15.No.2, 77-82

- 9) **Esan O** , Ojagbemi A & Gureje O (2012) Epidemiology of schizophrenia – An update with a focus on developing countries. International Review of Psychiatry, Vol.24. No.5, 387–392
- 10) **Esan O**, Makanjuola V, Oladeji B, Gureje O.(2013) . Determinants of transition across the spectrum of alcohol use and misuse in Nigeria. Alcohol. Vol. 47 No.3, 249-55
- 11) **Esan O**. (2013) Prevalence of schizophrenia: recent developments. African Journal of Psychiatry Vol.16 No.2, 93
- 12) **Esan OB**, Baiyewu O. (2013) Panic Disorder Prevalence Among Patients Referred for an Electrocardiogram in a Nigerian Teaching Hospital. Psychosomatics. Vol. 54, No.5, 472-8.
- 13) **Esan O** and Fawole (2013) Acute and transient psychotic disorder (ATPD) in a developing country. International Journal of Social Psychiatry Vol.60.No.5, 442-448
- 14) **Esan O** and Fawole (2013) Comparison of the profile of patients with acute and transient psychotic disorder and schizophrenia in a Nigerian teaching hospital. The Journal of Neuropsychiatry and Clinical Neurosciences.Vol.25.No.4, 327-34.
- 15) Chiliza B, Ojagbemi A, **Esan O**, Asmal L, Oosthuizen P, Kidd M, Gureje O, Emsley R. (2014) Combining depot antipsychotic with an assertive monitoring programme for treating first-episode schizophrenia in a resource-constrained setting. Early Intervention Psychiatry. Vol.10 No 1, 54-62.
- 16) **Esan O**, Adeoye A, Onakoya P, Opeodu O , Owonikoko K , Olulana D, Bello M, Adeyemo A, Onigbogi L, Idowu O, Akute T (2014). Features of residency training and psychological distress among residents in a Nigerian teaching hospital. South African Journal of Psychiatry. Vol 20. No 2: 46-50
- 17) **Esan O**, Abdumalik J, Eaton J, Kola L, Fadahunsi W, Gureje O. (2014). Mental health care in Anglophone West Africa .Psychiatric Services. Vol. 65 No 9:1084-7
- 18) **Esan O**.(2014) Persistence in treatment for one year among patients in Nigeria with first-episode schizophrenia. Psychiatric Services. Vol.65 No. 9:1174-6.
- 19) Ojagbemi A, Akpa O, **Esan O**, Emsley R, Gureje O. (2015) The confirmatory factor structure of neurological soft signs in Nigerians with first episode schizophrenia. Neuroscience Letters. Vol 589:110-4 .
- 20) **Esan O**. (2015) DSM-5 schizoaffective disorder: will clinical utility be enhanced? (2015). Social Psychiatry and Psychiatric Epidemiology. Vol. 50 No.3: 501-2.

- 21) Fela-Thomas A, Akinhanmi A, **Esan O**. (2016) Prevalence and correlates of major depressive disorder (MDD) among adolescent patients with epilepsy attending a Nigerian neuropsychiatric hospital. Epilepsy and behavior Vol. 54:58-64.
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f) Books, Chapters in Books and articles already accepted for publication Nil

g) Technical reports and Monographs 1

Abdallah S. D, Marian J, Stig W, Groenewald J, Eaton J, Vikram P, Palmira dos Santos, Kagee A, Gevers A, Sunkel C, Andrews G, Ingrid D and Ndeti D.(2014) Declaration on mental health in Africa: moving to implementation. Global Health Action Vol 7 No1

XXI CAREER AIMS

Nigeria presently has a population of 160 million people, with less than 160 psychiatrists for this population. The Nigeria health care system currently has major problems and challenges. This has led to inadequate delivery of good health care to the people. The problems with our health care in Nigeria has been partly linked to inadequate appropriate expertise, poor funding, inadequate training, poor supervision and support, among others. Remarkable also is the low rate of mental health care facilities utilization, due to the ignorance of availability of orthodox treatment. In the short term, I want to consolidate my teaching and research skills and this I intend to do this by applying for a research training fellowship

I envision myself playing a key role in the development of the mental health care system in Nigeria. Hence, I intend to work in Nigeria and help in addressing the above issues through forming coalitions, getting trained, training other medical related professionals and advocacy organizations to meet the mental health needs of Nigerians.

XXII REVIEWER (Selected journals)

Reviewer to

1. Substance Use and Misuse
2. BMC Psychiatry
3. African Journal of Medicine and Medical Sciences
4. Current Gerontology and Geriatrics Research
5. Health Care in Resource low setting
6. The Nigerian Journal of Plastic Surgery
7. South Africa Journal of Psychiatry
8. Nigerian Journal of Psychiatry
9. Journal of Nervous and Mental Disease
10. PLOS One
11. Journal of Religion and Health
12. West African Journal of Medicine
13. Journal of Pharmaceutical Research International
14. Journal of Affective Disorders
15. Trends in Psychiatry and Psychotherapy
16. Frontiers in Psychiatry
17. Journal of Mental Health
18. Epidemiology and Psychiatric Sciences
19. Journal of Clinical Sciences
20. Journal of Psychiatric and Mental Health Nursing
21. BMJ Open
22. Social Psychiatry and Psychiatric Epidemiology

XI Editorial roles

1. Associate Editor for Aging Psychiatry Frontiers in Psychiatry

XII Major Conferences Attended in the last 5 Years (with Papers Read).

- Biological Psychiatry Congress Trends & Treatments: The Changing Landscape 24 - 27 September 2015 Somerset West, Western Cape, South Africa. Paper presented: Physical activity and neurological soft signs in patients with schizophrenia.
- World Psychiatry Association (WPA) International Congress, Cape Town, South Africa 18-22 November 2016. Paper presented: Bipolar I Disorder In Remission Vs. Schizophrenia In Remission: Is There Really A Difference In Burden?
- The Royal College of Psychiatrists Faculty of Neuropsychiatry Annual Conference 15-16 September 2016 London, England: Paper presented Neuropsychiatry in Anglophone countries of West Africa
- Association Of Psychiatrists In Nigeria (APN): 48th Annual General Meeting & Scientific Conference 20-24 November 2017. Paper presented: The Self-perceived health-care needs of patients with bipolar disorder in Nigeria.
- Association Of Psychiatrists In Nigeria (APN): 46th Annual General Meeting & Scientific Conference 27-30 October, 2015. Paper presented: Do patients with bipolar disorder experience the same level of stigma as patients with schizophrenia?

XXIII REFEREES

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